



POTENTIAL WINSTON SALEM ROAD RUNNERS 2024 TRACK & FIELD SCHEDULE

April 20 19th Annual Bring the Heat Invitational (Youth) Cuthbertson High School
Waxhaw NC

**April 27 Youth Diamond League Series Tiffany Ross Williams
Invitational (Youth) 7500 Brookfield Road Columbia Sc 29223 SC ([Contact: Tiffany Williams](#))**

**May 04 Triangle Champions Challenge (Youth) Riverside High School
Durham NC ([Contact: Donnell Mitchell](#))**

OR

MAY 04 James-Woods Developmental Meet [Charlotte Flights](#) at *University of North Carolina at Charlotte*

Optional training weekend or

May 11 LEGENDS INVITATIONAL (Youth) Varina High School Richmond VA ([Contact: Robert Evans Sr](#))

**May 18 2024 Ken Roberts-Panthers Elite Track And Field Challenge (Youth) TBD
High Point NC ([Contact: Tyrone Hilliard](#))**

May 24-26 17th Annual Mark Trail Memorial Day Meet (Youth, Open,
Masters) Discovery High School Lawrenceville GA

May 25 ALLSTAR CLASSIC (AAU 4KSCAT2188) Eastside HS Taylors SC **(Optional
meet half the distance)**

June 01 BODYARMOR State Games (Youth) Irwin Belk Track & Field Center @ UNC
Charlotte Charlotte NC

**June 07-09 AAU North Carolina District Qualifier (Youth) TBA
Tba NC ([Contact: William Bullard](#))**

June 15 2024 [Jim Law UNC CHARLOTTE](#)

June 22 Event specific training

**27-30 AAU Region 25 Qualifier at Monroe NC (Youth) Monroe High School
Monroe NC ([Contact: William Bullard](#))**



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4th of July Weekend Off 6th-7th Weekend **The 4th of July is on Thursday**

13 3rd Annual Lee Vernon McNeill - SETC Invitational (Youth) Garner Magnet High School Garner NC ([Contact: Tasha Simpson](#)) **LAST OPTIONAL MEET**

20 JULY 2024 (Event specific training/walk thru)

27-08/03 AAU Junior Olympic Games (Youth) North Carolina A&T University Greensboro NC ([Contact: Brad Messina](#))